addressing behavioral health

Behavioral health encompasses a range of conditions that affect mental and emotional wellbeing. From substance abuse to depression, to personality disorders and beyond, it affects our ability to live full and productive lives. The Foundation is committed to helping our healthcare system improve the way we address behavioral health.
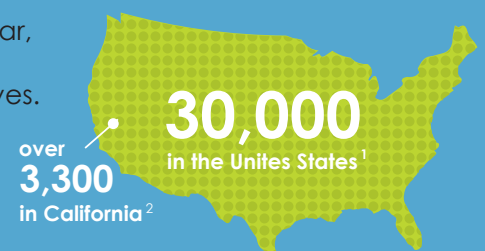
Behaviorial health affects all Californians

1 in 6 adults in California needs general support for a behavioral health issue.

1 in 20 adults suffers from a serious and disabling mental health condition.

Source: *Mental Health Care in California: Painting a Picture*, California HealthCare Foundation (CHCF), 2013

The consequences are deadly

Every year, suicide claims lives.

over **3,300** in California [2]

30,000 in the Unites States [1]

over **90%** of those who die by suicide were diagnosed with mental illness. [3]

In California, the rate of suicide among men is **3** times higher than the rate among women. [4]

1. Source: *Suicide Fact Sheet*, National Association of Mental Illness, 2013
2. Source: *CA Strategic Plan on Suicide Prevention*, CA Dept of Mental Health
3. Source: *Suicide Fact Sheet*, National Assoication of Mental Illness. 2013
4. *Mental Health Care in California: Painting a Picture*, CHCF, 2013

There is an unmet need for services

50% of adults

67% of adolescents

Percentage of those with mental health issues who go without the care and treatment they need.

Source: *Grading the States 2009: A Report on America's Health Care System for Adults with Serious Mental Illness*, National Alliance on Mental Illness, 2009

To meet these needs, we must build a strong system of care that promotes collaboration

Through grantmaking, we are helping build county and regional systems that support integrated care delivery for behavioral health patients across California.

We are helping community providers navigate new partnerships and care-coordination efforts, in response to recent policy changes that incentivize collaboration.

Foundation funding aims to bridge the divide between behavioral health and primary care to reach those most in need.